



## Principal Message

It was so lovely to see our tamariki back at school last week.

Our building work continues to take place. This week the stormwater drainage continues to be worked on. They are starting at the Oliphant Road entrance this week and this will progress down the driveway and around the side of the office building, down towards the library.

As it is the beginning of the term I thought a reminder of the complaints procedure would be beneficial. It is always recommended that you contact the person concerned or your child's teacher first to resolve the concern. If you feel that this has not been sufficient then please approach senior management.



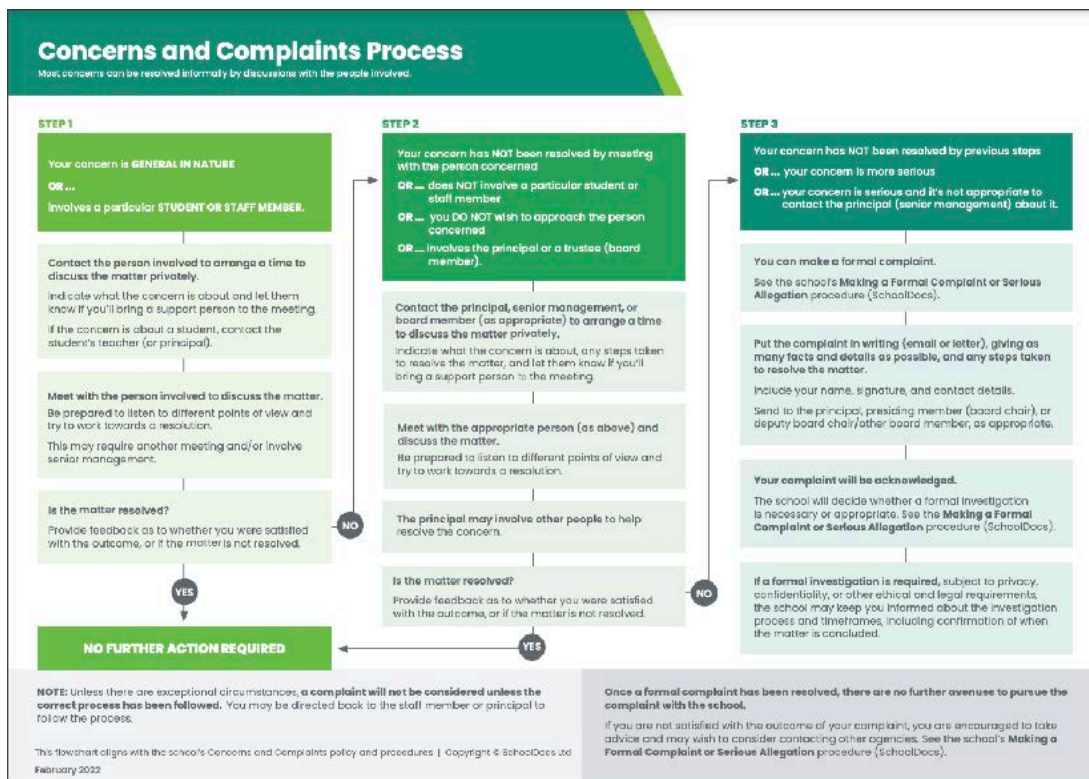
### Vision

Empowering akonga to be culturally inclusive and engaged community members of the future. Striving to excel, standing with pride and connecting with spirit.



### Mission

Ebbett Park School will challenge students to excel and provide them With all they require to be lifelong learners.



EXCELLENCE  
Matatau

PRIDE  
Kaha

SPIRIT  
Mana

## School Apps



### ClassDojo

A free app we use to reward students and an easy way to communicate with your Childs teacher.



### Skool Loop

A free app for us to share notices, for parents to sign permission slips and to inform us of your child's absences.



### Seesaw

A free app to access your child's learning and experiences while at Ebbett Park School.

# Celebrating Successes

## Classroom Champions Week I



Congratulations to these amazing students who all show awesome excellence, pride and spirit in and around our classrooms. Well done Rowena, Asher, Tiara-Vai, Lachlan, Vallarissa, Jo, Ava, Cassadee and Kody.

## Values VIPs Week I

Congratulations to these students who continue to show PB4L focus: Poppy and Faaea.





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# Week 6 Sports Results and Awards

## NETBALL

**EPS Mana played did not have a game last week.**

**EPS Kaha played St Joesph's and LOST by 1 goal.**

Manaia, Eifion, Kobie, Aaliyana and Ariaah were acknowledged as Players of the Day and Most Improved because they were the players that turned up to play. They have been consistent, work together as a team and are developing in confidence.

**EPS Matatau played Raureka Shooters and WON by a large margin 23 : 6**

The team had a great game and were honoured by a parent of the opposition complimenting them on how able they were as players.

**Player of the Day was Eternity.**

**Most Improved was Tatiana.**

Romeo received his certificate for a week that he was away

## Girls' and Boys' FOOTBALL

Girls - player of the day was Nevaeh Brightwell

Boys - player of the day was Flynn Julian



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# Coming Events

## Self-Defence Programme: Y3-6 Girls

Starting next week we have our girls taking part in a self-Defence programme. Our Year 5 and 6 girls will be involved on Monday 24th for the day and Year 3 and 4 girls will take part on Monday 31st July. These group do not require anything special for these sessions.

## YEAR 6 Learners - Intermediate School

Our Year 6 learners will be involved in visiting our local Intermediate School's in anticipation for their transition next year. Details about visits and open days can be found in the school newsletters and on our various school apps and social media accounts.

This can be a nervous time for these tamariki and to lessen the stress it is important for whānau to start this conversation early and be part of the process. Enrolment information can be sought directly from the Intermediate Schools.

Please remember we are here to support this transition so feel free to come in and chat with Mr Dufty and/or Ms Medlicott if you have any questions or need support.

## Values Focus for this Week: Week 2

This week we are developing our understanding about 'CONFLICT' and how to manage conflict is the best possible way.



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# Things to Remember

## Netball Draw for this Week: week 2

### Wednesday 26th July

**EPS Mana** is playing St Joseph's Tactix at **EBBETT PARK**

### Thursday 27th July

**EPS Kaha** is playing St Joseph's Steel at **ST JOSEPH'S**

**EPS Matatau** is playing St Joseph's Magic at **EBBETT PARK**

NOTE: Training for EPS Matatau is now at Lunchtimes on Monday and Wednesday.

## Year 5/6 Football Week 2

Starts this week. All games are at Frimley Park and start at 3:30pm. Students will need to be transported to Frimley Park (parking is on Lyndhurst Road) and collected after their games. We will have practices during school time.

Girl's Game. (Mr Dufty). Ebbett Park School Girls vs Lucknow. Field 6.

Boy's Game. (Whaea Kelly). Ebbett Park School Boys vs Parkvale. Field 1.

## School Photos - ORDERING

The order deadline for free shipping to the school is  
**WEDNESDAY 26<sup>th</sup> July 2023.**

There is still time to place an order if they haven't already!

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# Positive Behaviour 4 LEARNING



## Term 3 House Results

### Our Term Three Classdojo Leaderboard

Each week our students are busy showing off their awesomeness and earning Classdojo points. As a parent you can also see how many points they are getting and what they are getting their points for. If you are not connected to Classdojo please contact your child's teacher and they will help you.

Week One	Week Two	Week Three	Week Four
<b>TANE MAHUTA</b> 			
Week Five	Week Six	Week Seven	Week Eight
Week Nine	Week Ten	<b>Term Three Winner</b>	





# Our Classdojo Champions - Week 1

These students earned the most Classdojo points in their classroom during the week.



Lei  
Room 3

Michael  
Room 5

Sali  
Room 6

Merehapi  
Room 7

Etana  
Room 8

Eshalina  
Room 9

Seborah  
Room 10

## Well-Being Information



**Sleep Training**  
info@sleepharmony.co.nz  
www.sleepharmony.co.nz

If you have families who are constantly arriving late for school it may mean that they are struggling with sleep routines. The rush of the morning routine can cause stress and tension for all involved. This is especially true for children who are neurodiverse. Parents may not realise that the morning chaos often stems from a lack of quality sleep.

Over time the constant sleep deprivation and stress for the parents and children harmonises increasing which may bring in knock on effects during the day. Sleep deprivation can cause them to have lower energy, take more sick days, be less productive, be disruptive, hyperactive or withdrawn and have constant brain fog.

I am reaching out to you today, to let you know about the services that I offer in case they can be of use to your families. My name is Clare and I am a Paediatric Sleep Consultant based locally in Kaikōura. I am the owner and director of Sleep Harmony NZ Ltd. The aim of my business is to support families with their child's sleep struggles so that the whole family benefits.

I offer an off 30 min Sleep Chats for parents to ask questions and trouble shoot sleep concerns for children who are already able to self settle and have previously been good sleepers.

Or for children who have never slept well I have Comprehensive phone consults which include an emailed intake form. I have phone call to discuss what is currently happening and find out what has been tried in the past, we talk about parenting styles, then decide on a personalised sleep training approach. I follow up with overtexting by sleep plan, access to a sleep log and 2 weeks of unlimited support through text message or email.

I am not sure if you offer your staff any well-being incentives as part of their employment with you, but wanted to let you know that I am happy to work with you to create an employment sleep consulting package should this be something of interest. Alternatively I would love if you could put something in your newsletter, or put a poster up somewhere for staff and families to see.

My current rates are  
\$170 Sleep Chat  
\$210 Phone Consult  
If you have any questions please don't hesitate to reach out. I can be contacted at 0274555277

All the best,  
Clare Keating  
Director/Sleep Consultant



**Is it hard to get your child to school on time?**

Most children are chronically overtired which can mean that they are hard to wake, slow moving, grumpy and unmotivated in the mornings. This often means that mornings are stressful for everyone, they are late to school and you are late to work.

Turn this around and make mornings easier for your family by prioritising sleep.

Book in for a call with a qualified sleep consultant who specialises in sleep for 0-13 year olds

[www.sleepharmony.co.nz](http://www.sleepharmony.co.nz)

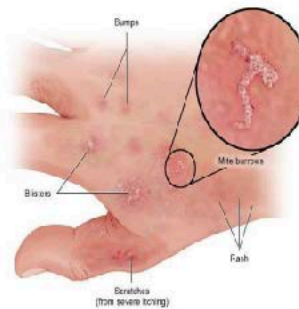
## Scabies

**Te Whatu Ora  
Health New Zealand**  
Te Matau a Māui Hawke's Bay

July 2023

In the last few weeks, there has been an increase in Scabies within Hawke's Bay. Below is some information regarding scabies, how to reduce spread and when to seek support.

### What is Scabies?



Scabies is a highly contagious skin infestation that is spread by skin-to-skin contact. It can also be transferred via clothing and bedding. It is caused by tiny insects that "burrow" under the skin, laying eggs as they go. It can take 3-6 weeks from getting scabies before you notice a rash or itch.

Sometimes you can see the mite burrows and small nodules surrounded by red patches. It is very itchy (especially at night or when warm) and can cause more serious infections if left untreated. Scabies may also make kids existing skin conditions worse.

Scabies like to lay eggs in all the warm body areas, including the wrist, between fingers, armpits, knees, and groin.

### Treatment and Prevention:

- Scabies will NOT go away without treatment. All household members should be treated at the same time (even those who are not itchy).
- See your Pharmacy, Primary Care provider, or contact your school or ECEC/TKR Public Health Nurse to be assessed and get treatment.
- It is very important to follow all the treatment and washing instructions given to you.
- Keep fingernails short and follow healthy food and hygiene practices to prevent things from getting worse.
- Kids can't return to School, or ECEC/TKR at least one day after starting treatment.
- The itch may last for many weeks, even after successful treatment.

### More Information

<https://healthify.nz/health-a-z/s/scabies/>

# EBBETT PARK SCHOOL

## TERM THREE CALENDAR



### TERM 3 DATES:

MONDAY 17<sup>TH</sup> JULY - FRIDAY 22<sup>ND</sup> SEPTEMBER

<b>WEEK</b>	<b>MON.</b>	<b>TUE.</b>	<b>WED.</b>	<b>THURS.</b>	<b>FRI.</b>
<b>1.</b> 17 July - 21 July	17 JULY TERM 3 BEGINS	18 JULY	19 JULY	20 JULY	21 JULY SCHOOL ASSEMBLY @ 1.45PM
<b>2.</b> 24 July - 28 July	24 JULY SELF-DEFENCE Y5/6 GIRLS	25 JULY	26 JULY YEAR 3/4 POI TOA SESSION 1/3 @10AM	27 JULY YEAR 3/4 POI TOA SESSIONS 2/3 @9AM, 3/3 @10AM READING PIZZA PARTY 12PM	28 JULY OLYMPIC AMBASSADOR 11.30AM FOR YEAR 5/6 LEARNERS KIA WHAKATAU TE HAUORA 1.30PM
<b>3.</b> 31 July - 4 Aug	31 JULY SELF-DEFENCE Y3/4 GIRLS HASTINGS INTERMEDIATE WITH Y6 @1.30PM COOK ISLAND MĀORI WEEK	1 AUG. COOK ISLAND MĀORI WEEK	2 AUG. COOK ISLAND MĀORI WEEK	3 AUG. BOT MEETING #5 @5.30PM COOK ISLAND MĀORI WEEK	4 AUG SCHOOL ASSEMBLY @ 1.45PM COOK ISLAND MĀORI WEEK
<b>4.</b> 7 Aug - 11 Aug	7 AUG	8 AUG	9 AUG YEAR 6 VISITING HASTINGS INTERMEDIATE SCHOOL (FULL DAY)	10 AUG	11 AUG KIA WHAKATAU TE HAUORA 1.30PM
<b>5.</b> 14 Aug - 18 Aug	14 AUG YEAR 6 VISITING HERETAUNGA INTERMEDIATE SCHOOL (FULL DAY)	15 AUG	16 AUG	17 AUG BOT: KAUWAKA GOVERNANCE HUI #4 6-8PM	18 AUG SCHOOL ASSEMBLY @ 1.45PM HOUSE CHALLENGE: KAPA HAKA COMPETITION
<b>6.</b> 21 Aug - 25 Aug	21 AUG DUFFY THEATRE @ EPS. 11.30AM IN THE HALL	22 AUG	23 AUG	24 AUG HASTINGS INTERMEDIATE SCHOOL OPEN EVENING 6 - 7.30PM	25 AUG KIA WHAKATAU TE HAUORA 1.30PM
<b>7.</b> 28 Aug - 1 Sept	28 AUG TERM 3 IEP WEEK	29 AUG TERM 3 IEP WEEK	30 AUG TERM 3 IEP WEEK	31 AUG TERM 23IEP WEEK	1 SEPT SCHOOL ASSEMBLY @ 1.45PM TERM 3 IEP WEEK
<b>8.</b> 4 Sept - 8 Sept	4 SEPT	5 SEPT BIG BROTHER BIG SISTER DRESS UP DAY- GOLD COIN	6 SEPT INTER-SCHOOL CROSS COUNTRY	7 SEPT INTER-SCHOOL CROSS COUNTRY POSTPONEMENT DATE BOT MEETING #6@5.30PM	8 SEPT KIA WHAKATAU TE HAUORA 1.30PM
<b>9.</b> 11 Sept - 15 Sept	11 SEPT <del>TE WIKI O TE REO MĀORI</del>	12 SEPT <del>TE WIKI O TE REO MĀORI</del>	13 SEPT WACKY HAIR DAY (CHILD CANCER) - GOLD COIN INTER- KAHUI SPEECH COMP. <del>TE WIKI O TE REO MĀORI</del>	14 SEPT <del>TE WIKI O TE REO MĀORI</del>	15 SEPT SCHOOL ASSEMBLY @ 1.45PM HOUSE CHALLENGE: CROSS COUNTRY COMP. <del>TE WIKI O TE REO MĀORI</del>
<b>10.</b> 18 Sept - 22 Sept	18 SEPT BOOK WEEK	19 SEPT BOOK WEEK	20 SEPT BOOK WEEK	21 SEPT BOOK WEEK	22 SEPT TERM 2 ENDS BOOK WEEK CELEBRATION DAY BOOK WEEK

### TERM 4 DATES:

MONDAY 6<sup>TH</sup> OCTOBER - FRIDAY 15<sup>TH</sup> DECEMBER (12.30PM FINISH)



# Public Notices

**FREE!**  
hands-on creative fun  
for the whole whānau  
**5 AUGUST 2023**

PAINTING,  
LEGO, CRAFT, CLAY,  
PRINT MAKING  
AND MORE...

# RECREATE PLAY

RECREATE is a week-long event designed to revive and rejuvenate the Hawke's Bay community by sparking creativity, encouraging connection, and enhancing wellbeing.

For more info  
[www.facebook.com/recreatehb](http://www.facebook.com/recreatehb)



# RECREATE PLAY

Find us on 

RECREATE is a week-long event designed to revive and rejuvenate the Hawke's Bay community by sparking creativity, encouraging connection, and enhancing wellbeing.

Artists, creators, and peaceful practitioners are being gathered to be part of this opportunity and offer a unique interactive experience to our community. The event is free to the public and will take place in 2 parts:

#### 5 August 23 | RECREATE PLAY

RECREATE PLAY is a family fun day at the Hastings Sports Centre, Railway Road. A range of interactive zones and exhibits will be set up to enable as many people as possible to explore their creativity, take time out, have fun, and PLAY. It will run from 10am - 4pm.

These are HANDS-ON spaces where participants are guided through all manners of makings - playing with clay, painting, printmaking, crafting, lego and more. Every activity will be suitable for all ages to encourage whānau to create together - this is stay and play event!

There will also be a range of live 'exhibits' where artists and creators will ply their trade so people can learn about different types of creativity and be inspired by the process.

#### 7-11 August 23 | RECREATE PEACE

The second part of the event will be a range of sessions at the Heretaunga Women's Centre with a wellbeing and self-care emphasis. The special week of RECREATE PEACE events will include yoga, mindfulness, tai chi, rongoā rākau, breath work, and more. These are opportunities for women to take time out, refresh, learn skills and increase capabilities.

#### FOLLOW US ON FACEBOOK

In the lead up to the event, everything you need to know will be found on our [Facebook page](#). Follow us there, we'll be continually updating with profiles on the creators, showcasing the different activities on offer, and all other insider information.

#### Who are we?

The Heretaunga Women's Centre is all about sharing skills and strengths to provide women with resources to take responsibility for their own wellbeing. We have partnered with Sharleen Bailey as Event Organiser to bring RECREATE to the wider community. Sharleen's passion is to help EVERYONE connect with their creative genius. She specialises in creativity & mindset coaching with government, corporate and community clients.

#### Contact

Sharleen Bailey ph 022 341 7605 or email [hello@sharleenbailey.com](mailto:hello@sharleenbailey.com)  
Amanda Meynell ph 878 5401 or email [managere@hwc.nz](mailto:managere@hwc.nz)



#### RECREATE : rēk'rē-āt'

To impart fresh life to; refresh mentally or physically.  
To take recreation.

# WINTER DECO VARIETY SHOW!

**3.00pm, Saturday 22 July 2023**  
Napier Municipal Theatre - 119 Tennyson Street, Napier

Encore Dancers Napier Operatic Repertory Theatre Lindisfarne Jazz Band The Madeline's RNZN Band

Join us for an unforgettable afternoon at our Winter Deco Variety Show!  
Featuring some of the best local talent!

From singers and dancers to musicians and hilarious skits, this show promises to have something for everyone!

TICKETS ONLY  
\$10 Kids\*  
\$20 Adults\*

\*Ticketing charges apply.

BUY 10 TICKETS OR MORE AND PAY ONLY \$15 PER TICKET!  
Email booking to: [auckland@ticketek.co.nz](mailto:auckland@ticketek.co.nz)

# WINTER DECO 21-23 JULY 2023



# SPIRIT OF HAWKE'S BAY PARADE

**SAT, 22 JULY 2023**  
10.30 - 11.30AM EMERSON STREET NAPIER



Join us for this very special parade, as we embrace the enduring spirit of 1931 and support the Cyclone Gabrielle relief fund.

WINTER DECO JULY 21-23 2023  
ART DECO TRUST  
PROGRESSIVE SOCIETY

[artdecofestival.co.nz](http://artdecofestival.co.nz)