

EBBETT PARK SCHOOL**EXCELLENCE, PRIDE & SPIRIT****Whats been Happening****Sir Peter Blake - Young Leaders Award 2018**

On Friday we were privileged to have a representative from Westpac Bank in to award Triumph Voice with the award this year. The young Leaders award celebrates a student which has: Integrity, determination and the will to succeed, is a good team builder, leader and member and is hard working and knows how to have fun.

Triumph certainly meets the criteria for this award as he is an amazing role model for everyone at Ebbett Park School. He was selected as a school leader in 2017 as a year 5 where he stood out for his commitment towards our school values of excellence, pride and spirit. Triumph is always willing to lead by example. He is inclusive of others and is always there to support through his quiet manner. Triumph has continued to be a leader and role model this year and we are very proud of him. Well done Triumph.

**Seesaw**

A free app to access your students learning and experiences while at Ebbett Park School.

**ClassDojo**

A free app we use to reward students and an easy way to communicate with your child's teacher.

**Schoolstream**

A free app for us to share notices, for parents to sign permission slips and to inform us of your child's absence.

Reading Recovery Programme Graduation

The other great story of success on Friday was that of Lorenzo's graduation from the Reading Recovery Programme. Lorenzo has been dedicated in his learning and has worked hard alongside Mrs Bush to build up his knowledge and capabilities. As a result he has made excellent progress in reading and this is something we are proud of. Well done Lorenzo.



School Uniform

All Ebbett Park School Uniform can be sourced at 'The Warehouse' Hastings. The uniform consists of Navy blue shorts or skort, red polo shirts and a red sweatshirt both of which have our school logo on them. If you are unable to find the uniform in store please go to the service desk where they will help you. WINZ quotes are also available from the service desk.

It is my aim that all students will be wearing correct school uniform in term three. This means sweatshirts that are not school uniform will not be accepted. If for any reason you are having difficulty in accessing this correct piece of uniform please do not hesitate to contact me. We have black warriors jackets that are available for students to wear if they do not have the correct sweatshirts.

Classroom Champions

Congratulations to last weeks classroom champions: Te Amo, Kaejen, Azlyn, Lylah, Royal, Jaxson, Maraea and Leo. Last week this group of students showed all the school values consistently and

OUTSTANDING!



Friends and Family

We appear to be VERY low in numbers for this group. If there is anyone that is interested in being involved with school fundraising or happy to help out (when they can) this would be very much appreciated. You DO NOT have to belong to the community but, rather, have your name on a contact list so that we can get in touch when we are in need for helpers. If you are happy to do this please make contact with the school office and provide us with your details. I appreciate that we have busy lives and look forward to having a list of people we can call on when fundraising, working bees or the likes are due to happen. The more names we have the greater we can spread the work load.

School Wide Behaviour Focus

Last week we focused on Managing ourselves. Students were encouraged to support each other to self manage rather than doing it for them. This is a hard concept but an important one. It is important to be able to manage yourself before anyone else. Taking responsibility for your own actions and accepting the consequences that these actions might have. We have talked with the students about the teachers responsibility to ‘manage’ the students rather than the students managing each other. It is a timely reminder that, if any parent has a concern about another child at school, please see the classroom teacher, Mr Dufty or Ms Medlicott so that we can manage this. It is not up to parents/caregivers to manage other children, please leave this to the school staff.

This week we will be consolidating the learning from the past two weeks.

TEACHER ONLY DAY - Friday 6th July

Last day of term for Ebbett Park School is **THURSDAY 5th JULY**. Please have a safe and enjoyable break and we look forward to seeing everyone back at school, well rested and ready to learn, on Monday 23rd July.

The Parenting Place - Website

This is a website that has valuable information for parents and whānau. Their kaupapa is ‘Supporting whānau to thrive’. The idea behind Parenting Place is for Aotearoa New Zealand to be a place where every whānau thrives and every child feels deeply loved. In fact, they believe that healthy, loving families can transform society. As New Zealand’s largest parenting organisation – reaching over 400,000 families every year – they are passionate about walking alongside parents and young people. They recognise that every relationship grows stronger with support, encouragement and nurturing. For them, this is the heart of whanaungatanga. It’s a vision for whānau to be a place where we are connected and belong, where we are listened to and are heard, feel safe and are trusted, where we can fail and be forgiven, are enjoyed and pursued, respected as individuals, challenged and believed in, and have hope for our future.

From time to time I come across some very valuable readings that I will be sharing with you through the school newsletter. If you are interested in knowing more you can go onto their website: www.theparentingplace.com

If you register with them you will receive the weekly email newsletter and links to so much more. It is well worth a read and costs you nothing.

The article to the right is one that appeared in last weeks emailed news letter. I found it an interesting read and was a welcome reminder that we all find things challenging and that emotions are ok but it is how we manage them and what we do with them that is the most important thing. As adults we can not assume that our tamariki know how to handle the strong emotions, we need to teach them.

HOLIDAY READING CHALLENGE

Coming home this week is a holiday reading challenge.

It is not aimed to be strenuous but is a fun way to get the students reading during the holiday break.

Please date and sign in the boxes on the form as the activity is completed.

If the forms are returned to the school office by Friday 27th July the child that completed the form will be in for a chance to win a prize.

**GOOD LUCK and HAPPY
READING**

How to explain anger to kids and teens

We're wired to feel. Not just the good feelings but the messy, sweaty, crazy, fierce ones too. Every feeling we feel has a really good reason for being there – even anger. It might not always spring to life at the best moment, but its reason for being there will always be a good one. The key to being emotionally savvy and not being barrellled along by **intense, powerful feelings** is to turn and face them, feel them, and bring them back under control.

Anger has a number of good reasons for showing up It lets people know what you're feeling

Emotions change the way we hold our body, the expression on our face and our response to situations or to people. You can usually tell when someone is angry just by looking at them – and people can tell the same thing when the angry one is you.

It's energising

Anger feels bad, but what would be even worse is being in a bad situation and not realising it, or realising it and not having the energy or motivation to change it. Anger helps us to know when something isn't right. When something happens to make us angry, the brain releases chemicals to fuel our bodies and gives us the energy to do something about the problem.

It stops intense, difficult feelings taking over

Anger is the only emotion that never exists on its own. There is always another, more powerful emotion underlying it. When an emotion feels too intense, or when the environment feels unlikely to support that emotion, anger is a way to stop that difficult feeling taking over. Some common underlying emotions are fear, grief, insecurity, jealousy and shame.

When these feelings seem too intense, anger can be a way to hold them down until the intensity lessens, or until the environment feels safer. Anger can be pretty handy like that, provided it doesn't become a habitual response. All emotions are valid, and it's important not to shut any down for too long. Being able to recognise, acknowledge and feel the full spectrum of emotions is an important part of healthy living.



DATES TO REMEMBER

Week 10: Tuesday 3rd July - Year 3/4 Netball Season finishes

Thursday 5th July - Last day of term 2 for Ebbett Park School students

- Fabulous 14 Celebration Day

Friday 6th July - Teacher Only Day - Professional Development Day for Staff

TERM 3: start date: **MONDAY 23rd July**

(Please note: the Teacher only day at the end of this term will mean that our final day of school for the 2018 academic year will be: **FRIDAY 14th December** rather than Thursday 13th as previous planned)